



presents

I NEED TO KNOW MY DEEN series



TOPIC:

A Happy Marriage

From the Quran



هُوَ الَّذِي خَلَقَكُمْ مِنْ نَفْسٍ
وَاحِدَةٍ وَجَعَلَ مِنْهَا زَوْجَهَا
لِيَسْكُنَ إِلَيْهَا ﴿

(الأعراف : 189)

From the Quran



“He is the One who has created you from a single soul, and out of him created his wife, so that he may find comfort in her.”

(al-A'raf:189)

From Hadith



قَالَ رَسُولُ اللَّهِ ﷺ

« النِّكَاحُ مِنْ سُنَّتِي فَمَنْ لَمْ يَعْمَلْ بِسُنَّتِي
فَلَيْسَ مِنِّي وَتَزَوَّجُوا فَإِنِّي مُكَاثِرٌ بِكُمْ الْأُمَّمَ »

(رواه ابن ماجه 1919)

From Hadith



The Messenger of Allah said:

“Marriage is part of my sunnah, and whoever does not follow my sunnah has nothing to do with me. Get married, for I will boast of your great numbers before the nations.”

(Ibn Majah, 1919)

10 Tips to a Happy Marriage



1. Fear Allah (swt)

10 Tips to a Happy Marriage



2. Never be angry at
the same time

10 Tips to a Happy Marriage



3. If one has to win an argument, let it be the other

10 Tips to a Happy Marriage



4. Never shout at each other unless the house is on fire

10 Tips to a Happy Marriage



5. If you have to criticize, do it lovingly

10 Tips to a Happy Marriage



6. Never bring up
mistakes of the past

10 Tips to a Happy Marriage



7. Neglect the whole world rather but not your spouse

10 Tips to a Happy Marriage



8. Never sleep with
an argument
unsettled

10 Tips to a Happy Marriage



9. At least, once
everyday, express
your gratitude to your
spouse

10 Tips to a Happy Marriage



10. When you have done something wrong, be ready to admit it and ask for forgiveness

10 Matters **IN** **THE** Marriage
AND THEIR SOLUTIONS!!

#1

Lack of Trust

Solution

Husn Zhan

Thinking good of each other
strengthens the bonds of marriage.

#

2

**LACK OF
TOLERANCE
TOWARD EACH
OTHER**

Solution

Sabar (patience) with
each other builds the
relationship

#

3

OVER- EXPECTATIONS

Solution

Moderate expectations smooth
running relationships

#

4 Not Knowing &
Not Understanding
His/Her Likes & Dislikes

Solution

Knowledge of each other's
likes & dislikes improves
the marital relationship

#

5

Arrogance and Feeling of Self- Superiority

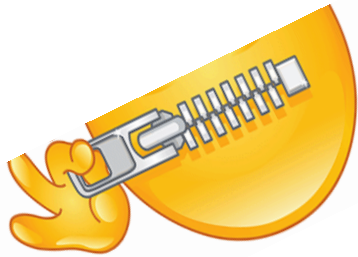
Solution

Humbleness and Humility
strengthen the relationship

#

6

Loose Tongue



Solution

Restraining and Safeguarding the Tongue

by not expressing each and every like and dislike,
indiscriminately, at the time of disputes.



#

7 Taking Disputes Outside the House

This is giving fuel to fire

Solution

Keep marital secrets in the wallet



Seeking advice from expert Ulama Kiram is much more beneficial.

#

8

Not Allowing the
Spouse a Break for
their Mistakes

Solution

Give Allowances & Overlook
each other's errors.

Forgive and Forget


#

9

Ingratitude

Solution

Be grateful and appreciative of
each other



That was
some GREAT
Biryani!

#1

0 Lack of Mutual
Love

Solution



Marital love brings tranquility, security, and happiness in a relationship.

The eminent companion, Abu Darda (r), said wisely to his wife: "If you get upset with me I'll calm you, if I get upset, you do the same"

THE IMPORTANCE OF MARRIAGE IN ISLAM



As Allah جَلَّالَهُ says:

﴿ وَمِنْ ءَايَاتِهِ ءَ أَنْ خَلَقَ لَكُمْ مِنْ أَنْفُسِكُمْ
أَزْوَاجًا لَتَسْكُنُوا إِلَيْهَا وَجَعَلَ بَيْنَكُمْ مَوَدَّةً
وَرَحْمَةً إِنَّ فِي ذَلِكَ لَآيَاتٍ لِقَوْمٍ يَتَفَكَّرُونَ ﴾

(الروم : 21)

THE IMPORTANCE OF MARRIAGE IN ISLAM



As Allah ﷻ says:

” And it is among His signs that He has created for you wives from among yourselves, so that you may find tranquility in them, and He has created love and kindness between you. Surely in this there are signs for a people who reflect. ”

(ar-Room:21)

THE IMPORTANCE OF MARRIAGE IN ISLAM



As Allah ﷻ says:

﴿وَلَقَدْ أَرْسَلْنَا رُسُلًا مِّن قَبْلِكَ وَجَعَلْنَا
لَهُم أَزْوَاجًا وَذُرِّيَّةً﴾

(الرعد : 38)

THE IMPORTANCE OF MARRIAGE IN ISLAM



As Allah ﷻ says:

“We have sent messengers
before you, and gave them
wives and children.”

(ar-Ra'd:38)

THE IMPORTANCE OF MARRIAGE IN ISLAM



As Allah ﷻ says:

﴿ وَأَنْكِحُوا الْأَيْمَىٰ مِنْكُمْ وَالصَّالِحِينَ
مِنْ عِبَادِكُمْ وَإِمَائِكُمْ إِنْ يَكُونُوا فُقَرَاءَ
يُغْنِهِمُ اللَّهُ مِنْ فَضْلِهِ وَاللَّهُ وَاسِعٌ عَلِيمٌ ﴾

(النور : 32)

THE IMPORTANCE OF MARRIAGE IN ISLAM



As Allah ﷻ says:

“ Arrange the marriage of the spouseless among you, and the capable from among your bondmen and bondwomen. If they are poor, Allah will enrich them out of His grace. Allah is All-Encompassing, All-Knowing.”

(an-Noor:32)

THE IMPORTANCE OF MARRIAGE IN ISLAM



قَالَ رَسُولُ اللَّهِ ﷺ

« النِّكَاحُ مِنْ سُنَّتِي فَمَنْ لَمْ يَعْمَلْ
بِسُنَّتِي فَلَيْسَ مِنِّي »

(رواه ابن ماجه 1919)

THE IMPORTANCE OF MARRIAGE IN ISLAM



The Messenger of Allah said:

“Marriage is part of my sunnah, and whoever does not follow my sunnah has nothing to do with me.”

(Ibn Majah, 1919)

THE IMPORTANCE OF MARRIAGE IN ISLAM



قَالَ رَسُولُ اللَّهِ ﷺ

« إِذَا تَزَوَّجَ الْعَبْدُ فَقَدْ اسْتَكْمَلَ نِصْفَ
دِينِهِ , فَلْيَتَّقِ اللَّهَ فِي النِّصْفِ الْبَاقِي »

(رواه البيهقي 5100)

THE IMPORTANCE OF MARRIAGE IN ISLAM



The Messenger of Allah said:

“When a man marries, he has fulfilled half of his religion, so let him fear Allah regarding the remaining half.”

(al-Baihaqi, 5100)

THE IMPORTANCE OF MARRIAGE IN ISLAM



قَالَ رَسُولُ اللَّهِ ﷺ

« تُنْكَحُ الْمَرْأَةُ لِأَرْبَعٍ لِمَالِهَا وَلِحَسَبِهَا
وَجَمَالِهَا وَلِدِينِهَا، فَاظْفَرْ بِذَاتِ الدِّينِ
تَرِبَتْ يَدَاكَ »

(رواه البخاري 5090)

THE IMPORTANCE OF MARRIAGE IN ISLAM



The Messenger of Allah said:

“A woman is married for four things, i.e., her wealth, her family status, her beauty and her religion. So, you should marry the religious woman (otherwise) you will be a losers.”

(al-Bukhari, 5090)

THE IMPORTANCE OF MARRIAGE IN ISLAM



قَالَ رَسُولُ اللَّهِ ﷺ

« الدُّنْيَا مَتَاعٌ وَخَيْرُ مَتَاعِ الدُّنْيَا الْمَرْأَةُ
الصَّالِحَةُ »

(رواه مسلم 715)

THE IMPORTANCE OF MARRIAGE IN ISLAM



The Messenger of Allah said:

“The whole world is a provision, and the best provision of the world is the pious woman.”

(Muslim, 715)

MARRIED LIFE IN ISLAM



As Allah ﷻ says:

﴿وَعَاشِرُوهُنَّ بِالْمَعْرُوفِ﴾

(النساء : 19)

The Keys to Happy Marriage



Why Marriage?



“And of His signs is that He created for you from yourselves mates that you may find tranquillity in them; and He placed between you affection and mercy. Indeed in that are signs for a people who reflect.” (Rum 30:21)

Gather a support group.



- ❧ "Surround yourself with people who support your marriage"
- ❧ "A bad work, extended family or social environment can sabotage relationships."

Focus on the positive.



- ❧ "Think of **five positive things** about your spouse every time you think of one negative thing."
- ❧ "If you focus on the negative, you will only see the negative. Some people have unrealistic expectations for their spouses – expectations that they do not have for their friends. Be at least as forgiving of your spouse as you are with your friends."

Bond with each other's families

- ❧ It's a gift to your spouse when you blend in well with his parents and siblings.
- ❧ Befriend them, give compliments, ask how their lives are going, and smile.
- ❧ This is a big one, and it can be especially challenging if his relatives gave you a hard time during the wedding.

Drop your old issues



- ☞ We all have scars and damage from our previous days and from our families, but don't use an old fight as a weapon in a new one. It's unfair to throw unresolved issues at one another
- ☞ drop those sensitivities by avoiding hot button issues that you've already discussed (and hopefully resolved).

Don't bring up the "D" word.

- ❧ "Never talk about divorce in anger,"
- ❧ **Remember:** In our Deen (shariah) there is an bad effect of husband`s pronouncing the word of divorce
- ❧ Wife: "Never ask about divorce in anger"
- ❧ "Once the word has been spoken, you may set something in motion that you can't stop. This advice goes for other statements, such as, 'no one else will ever love you,' or 'no one else would want you.'" The receiver might take those words as a challenge and will seek to prove you wrong.

We are still a couple.



- Many couples with kids forget they're still a couple. After kids, it's so hard to keep the romance alive. Being a parent is stressful, demanding, exhausting, and expensive.

Lovely Love



Love's Relation to Marriage

- ❧ Love is an essential ingredient for a happy marriage.
- ❧ Allah has kept love in the nature of human beings
“Beautified for men is the Love of things they covet;
women, children...” (3:14)
- ❧ “And I placed love over you (Oh Musa)! (20:39)
- ❧ “And He has created love and kindness between
you” (30:21)

What are the Signs of Love?

- ❧ Beauty and physical characteristics cannot be the basis of true love between a husband and wife
 - ❧ These qualities are temporary and will end one day.
 - Love is something intangible and is recognized through its signs.

Signs of Love



- 1) Obedience
- 2) Sacrifice
- 3) Selflessness
- 4) Concern and Care
- 5) Decorate yourself
- 6) Gratitude and Appreciation
- 7) Not Embarrassing each other
- 8) Correspondence

Very Important



9) Confess your love. From time to time, you have to say, “I love you!”

☞ Love is like a tank. You have to refill it every so often.

Moulana Thanwi's Definition of Love

- ❧ Moulana Thanwi explained the definition of love:
Love is to provide utmost comfort to your beloved.

How to keep love alive?



- 1) Exchange gifts
- 2) Give each other quality time.
- 3) Having lunch or dinner together.

This is a very effective prescription

- 4) Fulfilment of Promises

What Harms Love



- 1) Disrespectful behavior
- 2) Slander
- 3) Long and unnecessary distance
- 4) Betrayal and Infidelity
- 5) Misusing electronic devices (in particular, social media)

Married Life In Islam



MARRIED LIFE IN ISLAM



As Allah ﷻ says:

“live with them (your wives) on a footing of kindness and equity.”

(an-Nisaa:19)

MARRIED LIFE IN ISLAM



As Allah ﷻ says:

﴿ وَلَهُنَّ مِثْلُ الَّذِي

عَلَيْهِنَّ بِالْمَعْرُوفِ ﴾

(البقرة : 228)

MARRIED LIFE IN ISLAM



As Allah ﷻ says:

“And they (women) have rights similar to those (of men) over them in kindness”

(al-Baqarah:228)

MARRIED LIFE IN ISLAM



As Allah ﷻ says:

الرِّجَالُ قَوَّامُونَ عَلَى النِّسَاءِ بِمَا فَضَّلَ اللَّهُ
بَعْضَهُمْ عَلَى بَعْضٍ وَبِمَا أَنْفَقُوا مِنْ أَمْوَالِهِمْ
فَأَلْصَقَ اللِّحَابُ قَانِتَاتٌ حَافِظَاتٌ لِّلْغَيْبِ بِمَا
حَفِظَ اللَّهُ

(النساء: 34)

MARRIED LIFE IN ISLAM



As Allah ﷻ says:

“Men are caretakers of women, since Allah has made some of them excel the others, and because of the wealth they have spent. So, the righteous women are obedient, (and) guard (the property and honor of their husbands) in (their) absence with the protection given by Allah.”

(an-Nisaa:34)

MARRIED LIFE IN ISLAM



قَالَ رَسُولُ اللَّهِ ﷺ

« خَيْرُكُمْ خَيْرُكُمْ لِأَهْلِيهِ

وَأَنَا خَيْرُكُمْ لِأَهْلِي »

(رواه ابن ماجه 1977)

MARRIED LIFE IN ISLAM



The Messenger of Allah said:

“The best of you is the one who is best to his wife, and I am the best of you to my wives.”

(Ibn Majah, 1977)

MARRIED LIFE IN ISLAM



قَالَ رَسُولُ اللَّهِ ﷺ

«أَلَا وَاسْتَوْصُوا بِالنِّسَاءِ خَيْرًا... أَلَا
إِنَّ لَكُمْ عَلَى نِسَائِكُمْ حَقًّا وَلِنِسَائِكُمْ
عَلَيْكُمْ حَقًّا»

(رواه الترمذي 1163)

MARRIED LIFE IN ISLAM



The Messenger of Allah said:

“And indeed I order you to be good to women... Indeed you have rights over your women, and your women have rights over you.”

(Tirmizhi 1163)

MARRIED LIFE IN ISLAM



قَالَ رَسُولُ اللَّهِ ﷺ

«المرأة إذا صلت خمستها وصامت
شهرها وأحصنت فرجها وأطاعت بعلها
فلتدخل من أيِّ أبوابِ الجنةِ شاءت»

(مشكاة المصابيح)

MARRIED LIFE IN ISLAM



The Messenger of Allah said:

“If a woman prays her five (daily prayers), fasts her month (Ramadan), guards her chastity and obeys her husband, she will enter from whichever gate of Jannah she wishes.”

(Mishkat al-Masabih)

MARRIED LIFE IN ISLAM



قَالَ رَسُولُ اللَّهِ ﷺ

«أَيُّمَا امْرَأَةٍ مَاتَتْ، وَزَوْجُهَا عَنْهَا رَاضٍ

دَخَلَتْ الْجَنَّةَ»

(رواه الترمذي 286)

MARRIED LIFE IN ISLAM



The Messenger of Allah said:

“Any woman who dies with her husband pleased with her, will enter Jannah”

(Tirmizhi, 286)

IN CASE OF MARITAL PROBLEMS



As Allah ﷻ says:

﴿وَإِنْ خِفْتُمْ شِقَاقَ بَيْنِهِمَا فَأَبْعَثُوا حَكَمًا
مِّنْ أَهْلِهِ ۖ وَحَكَمًا مِّنْ أَهْلِهَا إِنْ يُرِيدَا إِصْلَاحًا
يُوفِّقِ اللَّهُ بَيْنَهُمَا إِنْ اللَّهُ كَانَ عَلِيمًا خَبِيرًا﴾

(النساء : 35)

IN CASE OF MARITAL PROBLEMS



As Allah ﷻ says:

“If you fear a split between them (the spouses), send one arbitrator from his people and one from her people. If they desire to set things right, Allah shall bring about harmony between them. Surely, Allah is All-Knowing, All-Aware.”

(An-Nisaa:35)

IN CASE OF MARITAL PROBLEMS



As Allah ﷻ says:

﴿ وَالصُّلْحُ خَيْرٌ وَأُحْضِرَتِ الْأَنفُسُ الشُّحَّ وَإِن

﴿ تَحْسِنُوا وَتَتَّقُوا فَإِنَّ اللَّهَ كَانَ بِمَا تَعْمَلُونَ خَبِيرًا ﴾

(النساء: 128)

IN CASE OF MARITAL PROBLEMS



As Allah ﷻ says:

“Reconciliation is better. Greed is made to be present in human souls. If you do good and fear Allah, then, Allah is All-Aware of what you do.”

(an-Nisaa:128)

IN CASE OF MARITAL PROBLEMS



قَالَ رَسُولُ اللَّهِ ﷺ

«لَيْسَ الْكَذَّابُ الَّذِي يُصْلِحُ بَيْنَ النَّاسِ وَيَقُولُ خَيْرًا
وَيَنْمِي خَيْرًا»

. قَالَ ابْنُ شَهَابٍ وَلَمْ أَسْمَعْ يُرَخَّصُ فِي شَيْءٍ مِمَّا يَقُولُ
النَّاسُ كَذِبٌ إِلَّا فِي ثَلَاثِ الْحَرْبِ وَالْإِضْلَاحِ بَيْنَ النَّاسِ
وَ حَدِيثُ الرَّجُلِ امْرَأَتَهُ وَ حَدِيثُ الْمَرْأَةِ زَوْجَهَا

(رواه مسلم 2605)

IN CASE OF MARITAL PROBLEMS



The Messenger of Allah said:

“A liar is not one who tries to bring reconciliation amongst people and speaks good (in order to avert dispute), or he conveys good.”

Ibn Shihab said he did not hear that exemption was granted in anything what the people speak as lie but in three cases: in battle, for bringing reconciliation amongst persons and the narration of the words of the husband to his wife, and the narration of the words of a wife to her husband (in order to bring reconciliation between them).

(Muslim, 2605)

WHAT IF IT DOESN'T WORK OUT?



As Allah ﷻ says:

وَإِنْ يَتَفَرَّقَا يُغْنِ اللَّهُ كُلًّا مِنْ سَعَتِهِ
وَكَانَ اللَّهُ وَاسِعًا حَكِيمًا

(النساء : 130)

WHAT IF IT DOESN'T WORK OUT?



As Allah ﷻ says:

“But if they disagree (and must part)
Allah will provide abundance for all
from His all-reaching bounty: for Allah
is He Who cares for all and is Wise.”

(An-Nisaa:130)

WHAT IF IT DOESN'T WORK OUT?



Masnoon Talaq:

HOW TO GIVE TALAQ
ACCORDING TO THE
SUNNAH

WHAT IF IT DOESN'T WORK OUT?



As Allah ﷻ says:

الطَّلُقُ مَرَّتَانِ فَإِمْسَاكَ بِمَعْرُوفٍ أَوْ
تَسْرِيحٍ بِإِحْسَانٍ

(البقرة : 229)

WHAT IF IT DOESN'T WORK OUT?



As Allah ﷻ says:

“Divorce is twice; then either to retain in all fairness, or to release nicely.”

(al-Baqarah:229)

WHAT IF IT DOESN'T WORK OUT?



As Allah ﷻ says:

وَإِذَا طَلَّقْتُمُ النِّسَاءَ فَبَلَغْنَ أَجَلَهُنَّ فَأَمْسِكُوهُنَّ
بِمَعْرُوفٍ أَوْ سِرِّ حُوهُنَّ بِمَعْرُوفٍ وَلَا تُمْسِكُوهُنَّ ضِرَارًا
لِتَعْتَدُوا وَمَنْ يَفْعَلْ ذَلِكَ فَقَدْ ظَلَمَ نَفْسَهُ

(البقرة: 231)

WHAT IF IT DOESN'T WORK OUT?



As Allah ﷻ says:

“When you have divorced women, and they have approached (the end of) their waiting periods, then, either retain them with fairness or release them with fairness. Do not retain them with wrongful intent, resulting in cruelty on your part, and whoever does this, actually wrongs himself.”

(al-Baqarah:231)

WHAT IF IT DOESN'T WORK OUT?



قَالَ رَسُولُ اللَّهِ ﷺ

«أَبْغَضُ الْحَلَالِ إِلَى اللَّهِ الطَّلَاقُ»

(رواه ابن ماجه 2018)

WHAT IF IT DOESN'T WORK OUT?



The Messenger of Allah said:

“The most despised of permissible things to Allah is *Talaq* (divorce).”

(Ibn Majah, 2018)

WHO IS HARMED MOST BY *TALAQ*?



1. The wife

2. The children

MARRIAGE COUNSELING



☞ Marriage is a great gift from Allah. Both husband and wife should treasure it. In order to live a pleasant and blissful life and to achieve the aims of marriage, it is essential for the husband and wife to be aware of each other's rights, and to fulfill them.

MARRIAGE COUNSELING



- ❧ Our Council of Experienced Ulama advises couples in conflict, on achieving peace and harmony in the married life, and creating and strengthening bonds of love and compassion that will help them to lead a successful family life in accordance with the Quran and Sunnah.
- ❧ Counseling is done complete privacy and confidentiality in mind.

MARRIAGE COUNSELING



∞ Marriage counseling helps couples recognize and resolve conflicts and improve their relationships through religious and spiritual marriage counseling, thus couples can make thoughtful decisions about rebuilding their relationship

MARRIAGE COUNSELING



SBNY focuses on helping couples and families to overcome challenges by using the wisdom of the Quran and Sunnah, with various religious and spiritual therapy techniques

MARRIAGE COUNSELING



☞ Offers Shar'ee marriage counseling with a team of experienced Ulama and certified Muftis who work within the guidelines of the Shariah

MARRIAGE COUNSELING



☞ Conducted over a number of one-on-one sessions, service is offered in a wide variety of settings: in person, over the phone and online

MARRIAGE COUNSELING



☞ With over 12 years of experience as marriage counselors, the SBNY approach is empathic, interactive and collaborative

MARRIAGE COUNSELING



SO FAR, WE HAVE:

∞ Counseled over 200 families

∞ Of which about 70% were reconciled

ALHAMDU-LILLAH!

MARRIAGE COUNSELING



What we want:

- ☞ Every Muslim family to remain happily together
- ☞ Muslim family disputes to be solved amicably in light of the Quran and Sunnah
- ☞ Recognition and referrals to help Muslim families resolve their affairs mutually and avoid unnecessary legal proceedings

INSHAA-ALLAH!

JazakumAllah



FOR ALL YOUR QUESTIONS REGARDING THE DEEN IN ANY ASPECT OF IT, CONTACT SBNY:

CALL (718) 426-3454

WEB: www.shariahboardny.org

EMAIL:

info@shariahboardny.org

For Marriage related issues:

MarriageCounseling@shariahboardny.org